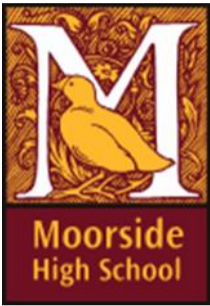


# IS IT BULLYING?



ABC = Anti-Bullying  
Coordinator  
\*Student Version

I think I am  
being bullied...



What does it look like?

Has somebody purposely said or done something to YOU? Or said things about your beliefs or religion that feels hateful in person OR online?  
"Staring" at you does not count, as everyone is allowed to look at anyone.

No

Yes

## NOT BULLYING.

You may be feeling insecure or worried about something. Speak to your **Form Tutor**, **Safeguarding** or other **adults** about feeling anxious around people in the school.

Did it hurt your body or your feelings or did it target your beliefs/religion/skin colour?

No

Yes

## NOT BULLYING

You are having a DISAGREEMENT. Everyone is allowed to have their own ideas and opinions as long as they are being respectful. It is okay to disagree with them.

Are you upset because this is a falling out between friends or your group that has gotten out of hand?

No

Yes

**Firstly**, tell your **Form Tutor** or **class teacher** if it is in a lesson.

If this issue has not been resolved in a week speak to your **HEAD OF YEAR** or **ASSISTANT HOY**.

## NOT BULLYING

This is just RUDENESS and UNKINDNESS. If this happens more than 3 or 4 times by the same PERSON/PEOPLE then start the flowchart again. If this affects your mental health, speak to your **Form Tutor** or a trusted adult who can arrange alternative places to go during breaks, lunches and changeovers.

Did they hurt you on purpose? Were they trying to hurt your body or your feelings? An example of NO is someone bumping/barging you on the corridors on lesson changeover

No

Yes

Has the same person/people done something to you to hurt your body or feelings or said hateful things about your background more than 3 OR 4 TIMES?

No

Yes

**NOT BULLYING YET**

This is just RUDENESS and UNKINDNESS.  
If the person PERSISTS with this behaviour and does this to you over a SUSTAINED/LONGER period of time or MORE THAN 3 OR 4 TIMES then you must tell your **Form Tutor, Trusted Adult or Safeguarding** who will **REPORT THE INCIDENT BY CPOMS** to keep a record of what has happened and when. They may take a written or verbal statement from you. If this does turn into bullying we then have a trail.

**THIS IS BECOMING/HAS BECOME BULLYING**

**BULLYING** is classed as something that happens to you over a SUSTAINED/LONGER period of time or MORE THAN A FEW TIMES.

**ACTION: YOU MUST** tell your Form Tutor, HOY, AHOY, Trusted Adult or Safeguarding who will ensure this is reported though **CPOMS** to keep a recording of what has happened and when. They may take a written or verbal statement from you.

Your HOY/AHOY/Form Tutor may do some mediation with the people involved and yourself or issue a sanction.

This will now be monitored – if this continues to make you feel bad or continues to happen, then your Form Tutor/Teacher/HOY/AHOY will pass it to the **Anti Bullying Coordinator** who will step in to intervene.

This has all been done, but it is **STILL** happening!

When we have evidence of sustained bullying the following sanctions will be put in place:

Sanctions include:

1. Detentions/Interventions
2. Isolation/Contract/RJ Conversations
3. SLT/RESET Placement
4. Meetings
5. Meetings with parents/police
6. Exclusion
7. Governors' Meeting
8. Permanent Exclusion

Come and see the Anti Bullying Coordinator Mrs Powell in RESET. Or speak to your trusted adult to get in contact with her.

Safeguarding officers will also get in touch with the Anti Bulling Coordinator.

We will not tolerate bullying of any kind but you **MUST** know **WHAT IT IS!**

You must only visit the ABC if all the above has been done.

**You are not to visit the ABC in your lesson time. This is a safeguarding risk. If it is urgent you must tell a trusted adult first.**

**Bullying has no place in or around Moorside High School. If you or your friends, parents are concerned, please contact a trusted adult who will help you through this process.**