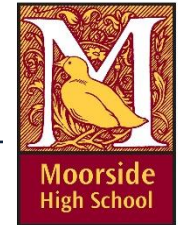


# MHS Personal Development: 2023/24

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## What is Personal Development?

- Personal Development is what a school offers to pupils beyond their core curriculum of subject content. It is delivered through aspects of the curriculum built into lessons BUT can also be delivered through trips, collapsed timetable days, assemblies, clubs, student leadership, form time, themed weeks and charity events.
  - PD includes SMSC opportunities (spiritual, moral, social and cultural development), aspects of citizenship such as developing pupils understanding of British values of democracy, the rule of law, liberty respect and tolerance. It includes learning opportunities which promote equality of opportunity, and diversity, help pupils to understand and respect difference but also to see shared characteristics and to engage with views and beliefs that are different from their own. Ultimately it is the part of the curriculum that builds responsible, respectful, and active citizens who make a positive contribution to society.
  - Within the wider life of the school, PD is the opportunity pupils have to access the cultural capital they need to succeed in life beyond MHS. This builds pupils confidence, resilience, and independence and helps to develop strength of character. It enables pupils to discover and explore their talents and interests.
  - Aspects of PD develop pupils' understanding of how to build and maintain their physical and mental wellbeing and healthy relationships. In addition, it is the support they receive to prepare for success beyond MHS and consider their future in education, employment, or training this can include having opportunities to engage with FE and HE institutions as well as training providers and employers.
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## How the PD planner works

- Each HT has a REACH value assigned to it. Each dept/faculty has planned at least one activity for the HT which links to the REACH value directly to their subject/s and this will be signposted to pupils via REACH value displayed on PPT slide or icon on any worksheets (this could be a lesson starter or task within a lesson or a homework)
- Each week has a PD theme for assemblies and FT activities and has been assigned to a faculty/dept.
- For the week assigned to faculties/depts ONE FT personal development activity (15 – 20 mins in length) will be planned in addition to ONE ASSEMBLY (15 - 20 mins) to be delivered by faculty members or pupils prepped for this by the faculty suitable for all year groups (or one KS3/one for KS4).
- Where live assemblies cannot take place, materials (for example, a recorded assembly or a PPT with a script) will be provided for FT to deliver in FT in Assembly conditions (silence, facing the front etc.).
- For themed weeks a plan will be collated which states what each subject will deliver to support the theme of the week
- Trips, Personal Development days and other development opportunities are highlighted. These are in addition to the MHS 'DO' (Development Opportunities) menu which are run on a weekly basis by staff members during lunchtimes and after school. (link to DO menu)

# MHS Personal Development: 2023/24

## Autumn term 23/24

WEEK	ASSEMBLY & FT TOPIC	FACULTY/DEPT/STAFF RESPONSIBLE	WEEKLY THEMES/CHARITY EVENTS/CHALLENGE DAYS	SMSC/PSHE(RSE) /CIT/BRITISH VALUES
REACH Value: ENGAGE				
1	4 to 8 September	<ul style="list-style-type: none"> <li>Welcome &amp; Standards (weds – Y7, Thurs – Y8/9, Fri – 10/11)</li> <li>FT PPT on standards</li> </ul>	DR	SMSC -Moral, Social
2	11 to 15 September	<ul style="list-style-type: none"> <li>Welcome &amp; expectations</li> </ul>	HoY	SMSC – Moral, Social
3	18 to 22 September	<ul style="list-style-type: none"> <li>Mental Health Awareness Week – link to ‘DO’ at MHS</li> </ul>	SP	<ul style="list-style-type: none"> <li><b>Mental Health Awareness week</b></li> </ul> PSHE – Mental Wellbeing
4	25 to 29 September	<ul style="list-style-type: none"> <li><a href="#">European Day of Languages</a> (26 September)</li> </ul>	Languages	<ul style="list-style-type: none"> <li><b>Personal Development Day 1</b></li> <li>Y7: PSD</li> <li>Y8: Enterprise</li> <li>Y9: Careers</li> <li>Y10: Health</li> <li>Y11: Citizenship</li> <li>100 Talks for Change (Y10/11)</li> </ul> PSHE – mental-Wellbeing

WEEK		ASSEMBLY & FT TOPIC	FACULTY/DEPT/STAFF RESPONSIBLE	WEEKLY THEMES/CHARITY EVENTS/CHALLENGE DAYS	SMSC/PSHE(RSE) /CIT/BRITISH VALUES
5	2 to 6 October	<ul style="list-style-type: none"> <li><a href="#">Black History Month</a> (begins 1 October)</li> </ul>	History	<ul style="list-style-type: none"> <li><i>Macmillan Coffee Morning</i></li> </ul>	SMSC – Spiritual, moral, social and culture Citizenship
6	9 to 13 October	<ul style="list-style-type: none"> <li><a href="#">World Mental Health Day</a> (10 October)</li> <li>The Great Big Live Assembly – Black History Month</li> <li>Y9 D of E Award Assembly (13/10)</li> </ul>	LBU  Online (whole school join)  KHA		PSHE – Mental wellbeing SMSC – Spiritual, moral, social and cultural Citizenship
7	16 to 20 October	<ul style="list-style-type: none"> <li><a href="#">International Day for the Eradication of Poverty</a> (17 October)</li> <li>National Saturday Clubs (19/10) - Y10 selected students</li> </ul>	DT – how has/can technology help to eradicate poverty?  Higher Horizons+	<ul style="list-style-type: none"> <li><i>Food bank donation day launch</i></li> <li>Y11 Work experience week</li> </ul>	SMSC – Spiritual/Social Citizenship Careers
8	23 to 27 October	<ul style="list-style-type: none"> <li>World Science Day</li> <li><a href="#">World Science Day for Peace and Development</a></li> </ul>	Science	<ul style="list-style-type: none"> <li><i>Food bank harvest donation collection 26/10</i></li> </ul>	SMSC – Spiritual/Social Careers
HT	30 October to 3 November	<ul style="list-style-type: none"> <li>N/A (half term)</li> </ul>	N/A (half term)	N/A (half term)	N/A (half term)
REACH Value: HARD WORK					

WEEK		ASSEMBLY & FT TOPIC	FACULTY/DEPT/STAFF RESPONSIBLE	WEEKLY THEMES/CHARITY EVENTS/CHALLENGE DAYS	SMSC/PSHE(RSE) /CIT/BRITISH VALUES
9	6 to 10 November	Remembrance <ul style="list-style-type: none"> <li><a href="#">Armistice/Remembrance Day</a> (11 November)</li> </ul>	History	<ul style="list-style-type: none"> <li><b>Green Careers Week</b></li> <li><b>Parliament Week</b></li> <li>Y9 – London Music Trip</li> <li>10/10 - Non-Uniform day – Brain tumor research <a href="#">Brain Tumour Research   Together we will find a cure</a></li> </ul>	Careers Citizenship SMSC – Spiritual, moral, social and Culture
10	13 to 17 November	Anti-Bullying week <ul style="list-style-type: none"> <li><a href="#">Anti-Bullying Week</a> (begins 13 November)</li> </ul>	DAE & Anti- bullying ambassadors	<ul style="list-style-type: none"> <li><b>Personal Development Day 2</b></li> </ul> Y7: Health Y8:PSD Y9: Citizenship Y10: Enterprise Y11: Careers <ul style="list-style-type: none"> <li><i>Children in Need</i></li> <li>Y8 – Space Centre trip</li> </ul>	PSHE – respectful relationship including friendships SMSC – Spiritual/Social Careers Citizenship
11	20 to 24 November	<ul style="list-style-type: none"> <li><a href="#">World Children's Day</a> (20 November)</li> </ul>	Pupil voice/experience week – DAE + anti-bullying ambassadors	<ul style="list-style-type: none"> <li>Y8 &amp; 9 – Palace Theatre Manchester Trip</li> <li>Y10 – London Music trip</li> </ul>	PSHE – Respectful relationships including friendships SMSC – Culture

WEEK		ASSEMBLY & FT TOPIC	FACULTY/DEPT/STAFF RESPONSIBLE	WEEKLY THEMES/CHARITY EVENTS/CHALLENGE DAYS	SMSC/PSHE(RSE) /CIT/BRITISH VALUES
12	27 November to 1 December	<ul style="list-style-type: none"> <li><a href="#">International Day of Persons with Disabilities</a> (3 December)</li> </ul>	RAISE	<ul style="list-style-type: none"> <li>Y11 – Mock Exams</li> </ul>	SMSC - Social, Moral
13	4 to 8 December	<ul style="list-style-type: none"> <li><a href="#">Human Rights Day</a> (10 December)</li> </ul>	Citizenship	<ul style="list-style-type: none"> <li>Y11 – Mock Exams</li> </ul>	Citizenship
14	11 to 15 December	<ul style="list-style-type: none"> <li>Personal Finance – how to make your money work for you</li> </ul>	Maths	<ul style="list-style-type: none"> <li>Y11 – Mock Exams</li> </ul>	Citizenship
15	18 to 22 December	<ul style="list-style-type: none"> <li>House Assemblies/update</li> </ul>	L Fower	<ul style="list-style-type: none"> <li><i>Christmas Jumper Day</i></li> <li>Y9 – Manchester German Christmas Markets trip</li> <li>Y11 – Theatre company visit</li> </ul>	SMSC – Social/culture Citizenship
Winter break	23 to 31 December	<ul style="list-style-type: none"> <li><u>N/A</u></li> </ul>	N/A	N/A	N/A

## Spring term 2023/24

WEEK		ASSEMBLY & FT TOPIC	FACULTY/DEPT/STAFF RESPONSIBLE	WEEKLY THEMES/CHARITY EVENTS/CHALLENGE DAYS	
	1 to 5 January	• N/A	N/A	N/A	N/A
REACH Value: RESPECT					
16	8 to 12 January	Standards First Give (2023)	HoY Cit	• Y11 Mock exam results day	SMSC – Social SMSC – Spiritual/Social
17	15 to 19 January	• <a href="#">World Religion Day</a> (21 January)	RE	• Y7 – 10 – <i>France Ski Trip</i> • <i>Brew Monday (Samaritans)</i>	SMSC – Spiritual, Social, Culture Citizenship
18	22 to 26 January	• <a href="#">Holocaust Memorial Day</a> (27 January)	English		SMSC – Social, moral, spiritual
19	29 January to 2 February	• <a href="#">LGBT+ History Month</a> (begins 1 February)	History	• <b>Personal Development Day 3:</b> Y7: Enterprise Y8: Careers Y9: PSD Y10: Citizenship Y11: Health • Y9 & 10 – History Battlefields trip to the Somme	SMSC – Social, culture Citizenship

WEEK		ASSEMBLY & FT TOPIC	FACULTY/DEPT/STAFF RESPONSIBLE	WEEKLY THEMES/CHARITY EVENTS/CHALLENGE DAYS	
20	5 to 9 February	<ul style="list-style-type: none"> <li><a href="#">Children's Mental Health Week</a> (begins 4 February, exact date TBC)</li> </ul>	LBU/SP	<ul style="list-style-type: none"> <li><b>Children's mental Health week</b></li> <li>Y7 – Science Zoolab</li> <li>Y10 – Birmingham field trip</li> <li>Y8 – Options evening</li> </ul>	PSHE – Mental wellbeing  Careers
HT	12 to 16 February	<ul style="list-style-type: none"> <li>N/A</li> </ul>	N/A	N/A	N/A
21	19 to 23 February	Safer Internet Day <a href="#">Safer Internet Day</a> (6 February)	ICT	<ul style="list-style-type: none"> <li>School Production – We Will Rock You</li> </ul>	PSHE – Online & media, internet safety & harms
22	26 February to 1 March	Women's History Month <ul style="list-style-type: none"> <li><a href="#">Women's History Month</a> (begins 1 March)</li> <li><a href="#">International Women's Day</a> (8 March)</li> </ul>	GLG	<ul style="list-style-type: none"> <li><b>Personal Development Day 4</b></li> <li>Y7: Careers</li> <li>Y8: Citizenship</li> <li>Y9: Health</li> <li>Y10: PSD</li> <li>Y11: Enterprise</li> <li>Y7 – Mini Farm</li> </ul>	SMSC – Culture/Social/ Moral
23	4 to 8 March	<ul style="list-style-type: none"> <li><a href="#">World Book Day</a> (7 March)</li> </ul>	English	<ul style="list-style-type: none"> <li><b>National Careers Week</b></li> <li>Y10 – Chester Zoo Trip</li> </ul>	Careers SMSC – Culture
24	11 to 15 March	<ul style="list-style-type: none"> <li><a href="#">Science Week</a></li> </ul>	Science	<ul style="list-style-type: none"> <li><b>Science Week</b></li> </ul>	Careers

WEEK		ASSEMBLY & FT TOPIC	FACULTY/DEPT/STAFF RESPONSIBLE	WEEKLY THEMES/CHARITY EVENTS/CHALLENGE DAYS	
25	18 to 22 March	Pi Day - link to celebration of Maths achievements at MHS <ul style="list-style-type: none"> <li>• <a href="#">Pi Day</a> (14 March)</li> </ul>	Maths	<ul style="list-style-type: none"> <li>• Y8 – Buxton to Bakewell Geography Rivers Trip</li> <li>• Year Group Awards Celebrations</li> </ul>	SMSC -
Spring Break	22 March to 5 April	<ul style="list-style-type: none"> <li>• N/A</li> </ul>	N/A	N/A	N/A

## Summer term 2023/24

WEEK		ASSEMBLY & FT TOPIC	FACULTY/DEPT/STAFF RESPONSIBLE	WEEKLY THEMES/CHARITY EVENTS/CHALLENGE DAYS	
REACH Value: ACHIEVE					
26	8 to 12 April	Standards	HoY		SMSC – Social
27	15 to 19 April	House assemblies/update	L Fower	<ul style="list-style-type: none"> <li>Y9 - DofE Award weekend (20<sup>th</sup> &amp; 21<sup>st</sup>)</li> </ul>	SMSC – Social
28	22 to 26 April	Shakespeare's Birthday AND/OR link to World Theatre Day (27 <sup>th</sup> March) <ul style="list-style-type: none"> <li><a href="#">Shakespeare's birthday</a> (23 April)</li> </ul>	Drama		SMSC – Culture
29	29 April to 3 May	Earth Day <ul style="list-style-type: none"> <li><a href="#">Earth Day</a> (22 April)</li> </ul>	Geography		SMSC – Moral/Social
30	6 to 10 May	VE Day <ul style="list-style-type: none"> <li><a href="#">VE Day</a> (8 May)</li> </ul>	RM		SMSC – Spiritual/Moral/Culture
31	13 to 17 May	<ul style="list-style-type: none"> <li><a href="#">International Day Against Homophobia, Transphobia, and Biphobia</a> (17 May)</li> </ul>	RESET	<ul style="list-style-type: none"> <li>Y9 – ICT Alton Towers Trip</li> <li>Student Forum Conference</li> <li>Y9 - DofE Award weekend (18<sup>th</sup> – 19<sup>th</sup> May)</li> </ul>	SMSC – Social Citizenship Careers

WEEK		ASSEMBLY & FT TOPIC	FACULTY/DEPT/STAFF RESPONSIBLE	WEEKLY THEMES/CHARITY EVENTS/CHALLENGE DAYS	
32	20 to 24 May	<ul style="list-style-type: none"> <li>Feedback on Student Forum conference</li> </ul>	SP/DR		Citizenship
HT	27 May to 31 May	<ul style="list-style-type: none"> <li><a href="#">N/A</a></li> </ul>	N/A (half term)	N/A (half term)	N/A (half term)
<b>REACH Value: COMMUNITY</b>					
33	3 to 7 June	<ul style="list-style-type: none"> <li><a href="#">World Environment Day</a> (5 June)</li> </ul>	Geography		SMSC – Moral/Social
34	10 to 14 June	<ul style="list-style-type: none"> <li>Pride Month</li> </ul>	LBU	<ul style="list-style-type: none"> <li><b>Healthy Eating Week</b></li> </ul>	PSHE – Healthy Eating
35	17 to 21 June	<ul style="list-style-type: none"> <li>Appreciation week (Thank a teacher day)</li> </ul>	NB/SP	<ul style="list-style-type: none"> <li><b>Appreciation week</b></li> <li>Year 7 trip to Tutbury castle</li> </ul>	SMSC – Spiritual/Social
36	24 to 28 June	<ul style="list-style-type: none"> <li>Sports week at MHS</li> <li>(National Sports week is 1 – 7 May)</li> </ul>	PE	<ul style="list-style-type: none"> <li><b>Sports Week @ MHS</b></li> <li><b>Sports Day</b></li> <li>Y9 – DofE Award weekend (29<sup>th</sup> &amp; 30<sup>th</sup> June)</li> </ul>	PSHE – Physical health & fitness SMSC – Social/culture Careers
37	1 to 5 July	<ul style="list-style-type: none"> <li>Make Music Day</li> <li><a href="#">Make Music Day</a> (21 June)</li> </ul>	Music	<ul style="list-style-type: none"> <li>Y10 – ‘Sick to Death’ Chester trip (History)</li> <li>Y10 – Scarborough Field Trip (Geog)</li> </ul>	SMSC – social/culture Careers

WEEK		ASSEMBLY & FT TOPIC	FACULTY/DEPT/STAFF RESPONSIBLE	WEEKLY THEMES/CHARITY EVENTS/CHALLENGE DAYS	
38	8 to 12 July	<ul style="list-style-type: none"> <li>Community Art</li> </ul>	Art	<ul style="list-style-type: none"> <li><b>Personal Development Day 5</b></li> <li>Y7: Citizenship</li> <li>Y8: Health</li> <li>Y9: Enterprise</li> <li>Y10: Careers</li> <li>Y10 – Art Trip</li> <li>Whole school rewards trips</li> </ul>	SMSC – Social, Culture Careers
39	15 to 19 July	<ul style="list-style-type: none"> <li>House Assemblies/update</li> </ul>	L Fower	<ul style="list-style-type: none"> <li>Y10 – Berlin Trip</li> <li>Year group Awards celebrations</li> </ul>	SMSC – Social, culture, Spiritual
Summer break	22 July to 30 August	<ul style="list-style-type: none"> <li><a href="#">N/A</a></li> </ul>	N/A	N/A	N/A

## Weekly form time schedule

DAY	THEMED ASSEMBLY	PERSONAL DEVELOPMEN FT ACTIVITY	CITIZENSHIP (VOTES 4 SCHOOLS)	LITERACY	REWARD & RESET (WELL-BEING CHECK IN)
Monday	Y7	Y11*	Y10	Y9	Y8
Tuesday	Y8/Y9	Y7	Y11	Y10	

DAY	THEMED ASSEMBLY	PERSONAL DEVELOPMENT ACTIVITY	CITIZENSHIP (VOTES 4 SCHOOLS)	LITERACY	REWARD & RESET (WELL-BEING CHECK IN)
Wednesday	Y10/Y11	Y8	Y7		Y9
Thursday		Y9	Y8	Y7	Y10/11*
Friday		Y10	Y9	Y8/11*	Y7

\*Y11 Intervention forms will complete subject intervention tasks during these form periods. All Y11 forms must attend assembly and complete Citizenship fortnightly.

**Personal Development Days 2023 – 2024**

PDD MEETINGS	PD DAYS	YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11
Monday 11 September	Tuesday 26 September	PSD	Enterprise	Careers	Health	Citizenship
Monday 23 October	Thursday 16 November	Health	PSD	Citizenship	Enterprise	Careers work exp. debrief
Monday 15 January	Monday 29 January	Enterprise	Careers options	PSD	Citizenship	Health

<b>Monday 19 February</b>	<b>Monday 26 February</b>	Careers	Citizenship	Health	PSD	Enterprise
<b>Monday 1 July</b>	<b>Monday 8 July</b>	Citizenship	Health	Enterprise	Careers	