

## MHS Lunchtime 'DO' (Development Opportunities) Menu Spring 2024

Sign up via Arbor to your chosen clubs

Year	Monday	Tuesday	Wednesday	Thursday	Friday
<b>7</b>	<p>Choir/Show rehearsals - AM - Music hut (all)</p> <p>Fitness Suite/Table tennis - LAG/Mmo/CJ - 2<sup>nd</sup> half</p> <p>KS3 Independent Learning club - DJ - IT4</p> <p>How to manage your anger workshop - DA - Well being room (Old Block) - 12.30 - 1pm</p>	<p>Well being Drop Ins - DA - Well being room (Old Block), - 12.30 - 1pm</p> <p>Book Club - DE - Hut 5 (all)</p> <p>Fitness Suite/Table tennis - LAG/MKF/Mmo/KH - 2<sup>nd</sup> half</p> <p>Charity council - CR - Hut 2 - 2<sup>nd</sup> Half</p> <p>Keyboard &amp; Music Tech club - AM - Music hut (all)</p>	<p>Fitness Suite/Table tennis - LAG/Mmo - 2<sup>nd</sup> half</p> <p>Sparx club - CM - IT3 (2<sup>nd</sup> half)</p> <p>Masters of Materials - SD - Art 1- <b>Max no. 12 students *</b></p> <p>Art Therapy group - DA - Well being room (Old Block) - 12.30 - 1pm</p>	<p>Gardening Club - SB and JDA</p> <p>Fitness Suite/Table tennis - LAG/Mmo - 2<sup>nd</sup> half</p> <p>KS3 Independent Learning club - MP - IT4</p> <p>Mindfulness club - JCa - rm 3 - all</p> <p>Board Games - AM - Music hut (12.25 pm onwards)</p> <p>Eco Jewellery club - LB - DT4 (2<sup>nd</sup> Half) - <b>Max. no. 10 students *</b></p>	<p>Film Club - JC - Room 3 (all)</p> <p>Craft club - KB - DT3 - <b>Max. no. 15 students *</b></p> <p>KS3 Independent Learning club - MP - IT4</p> <p>Coding club - DJ - IT2 (all)</p> <p>School Band - AM - Music Hut (12.25 onwards)</p> <p>Fitness Suite/Table tennis - LAG/Mmo/MKF/KH - 2<sup>nd</sup> half</p> <p>Anti - Bullying Ambassadors - DE - hut 5 (all)</p>
<b>8</b>	<p>Choir/Show rehearsals - AM - Music hut (all)</p> <p>Fitness Suite/Table Tennis - LAG/MMO/CJ - 1st half</p> <p>KS3 Independent Learning club - DJ - IT4</p> <p>How to manage your anger workshop - DA - Well being room (Old Block) - 12.30 - 1pm</p>	<p>Well being Drop Ins - DA - Well being room (Old Block), - 12.30 - 1pm</p> <p>Book Club - DE - Hut 5 (all)</p> <p>Fitness Suite/Table Tennis - LAG/MKF/Mmo/KH - 1st half</p> <p>Charity council - CR - Hut 2 - 2<sup>nd</sup> Half</p> <p>Keyboard &amp; Music Tech club - AM - Music hut (all)</p>	<p>Fitness Suite/Table Tennis - LAG/Mmo - 1st half</p> <p>Masters of Materials - SD - Art 1- <b>Max no. 12 students *</b></p> <p>Art Therapy group - DA - Well being room (Old Block) - 12.30 - 1pm</p>	<p>Gardening Club - SB and JDA</p> <p>Fitness Suite/Table Tennis - LAG/MMO - 1st half</p> <p>KS3 Independent Learning club - MP - IT4</p> <p>Mindfulness club - JCa - rm 3 - all</p> <p>Board Games - AM - Music hut (12.25 pm onwards)</p> <p>Eco Jewellery club - LB - DT4 (2<sup>nd</sup> Half) - <b>Max. no. 10 students *</b></p>	<p>Film Club - JC - Room 3 (all)</p> <p>Craft club - KB - DT3 - (all) <b>Max. No. 15 students *</b></p> <p>KS3 Independent Learning club - MP - IT4</p> <p>Coding club - DJ - IT2 (all)</p> <p>School Band - AM - Music Hut (12.25 onwards)</p> <p>Fitness Suite/Table Tennis - LAG/Mmo/MKF/KH - 1st half</p> <p>Anti - Bullying Ambassadors - DE - hut 5 (all)</p>

**\*We are asking for a voluntary parental contribution for this club of £1.50 per pupil per session to cover materials. If meeting the full cost of the contribution is not possible please contact Mrs Bell. Once signed up for the club via Arbor a request for the contribution will be sent to ParentPay.**

9	<p>Choir/Show rehearsals - AM - Music hut (all)          Fitness Suite/Table Tennis - LAG/Mmo/CJ - (1<sup>st</sup> half)          KS4 Independent Learning club - AQ - IT1 (1st half)          How to manage your anger workshop - DA - Well being room (Old Block) - 12.30 - 1pm</p>	<p>Well being Drop Ins - DA - Well being room (Old Block), - 12.30 - 1pm          Book Club - DE - Hut 5 (all)          KS4 Independent Learning club - AQ - IT1 (1st half)          Charity council - CR - Hut 2 - 2<sup>nd</sup> Half          Keyboard &amp; Music Tech club - AM - Music hut (all)          Fitness Suite/Table Tennis - LAG/MKF/Mmo/KH - (1<sup>st</sup> half)</p>	<p>Independent Learning AQ - IT1 (1st half)          Fitness Suite/Table Tennis - LAG/Mmo - (1<sup>st</sup> half)          Masters of Materials - SD - Art 1-  <b>Max no. 12 students *</b>          Art Therapy group - DA - Well being room (Old Block) - 12.30 - 1pm</p>	<p>KS4 Independent Learning club - AQ - IT1 (1st half)          Gardening Club - SB and JDA          Fitness Suite/Table Tennis - LAG/Mmo - (1<sup>st</sup> half)          Mindfulness club - JCa - rm 3 - all          Board Games - AM - Music hut (all)</p>	<p>Film Club - JC - Room 3 (all)          Coding club - DJ - IT2 (all)          School Band - AM - Music Hut (all)          Fitness Suite/Table Tennis - LAG/Mmo/MKF/KH - (1<sup>st</sup> half)          Anti - Bullying Ambassadors - DE - hut 5 (all)</p>
10	<p>Choir/Show rehearsals - AM - Music hut (all)          Fitness Suite/Table Tennis - LAG/MMO/CJ (1<sup>st</sup> half)          KS4 Independent Learning club - AQ - IT1 (1st half)          How to manage your anger workshop - DA - Well being room (Old Block) - 12.30 - 1pm</p>	<p>Well being Drop Ins - DA - Well being room (Old Block), - 12.30 - 1pm          KS4 Independent Learning club - AQ - IT1 (1st half)          Charity council - CR - Hut 2 - 2<sup>nd</sup> Half          Keyboard &amp; Music Tech club - AM - Music hut (all)          Fitness Suite/Table Tennis - LAG/MKF/Mmo/KH (1<sup>st</sup> half)</p>	<p>Independent Learning club - AQ - IT1 (1st half)          Fitness Suite/Table Tennis - LAG/MMO (1<sup>st</sup> half)          Masters of Materials - SD - Art 1-  <b>Max no. 12 students *</b>          Art Therapy group - DA - Well being room (Old Block) - 12.30 - 1pm</p>	<p>KS4 Independent Learning club - AQ - IT1 (1st half)          Gardening Club - SB and JDA          Fitness Suite/Table Tennis - LAG/MMO (1<sup>st</sup> half)          Mindfulness club - JCa - rm 3 - all          Board Games - AM - Music hut (all)</p>	<p>Film Club - JC - Room 3 (all)          Coding club - DJ - IT2 (all)          School Band - AM - Music Hut (all)          Fitness Suite/Table Tennis - LAG/Mmo/MKF/KH (1<sup>st</sup> half)          Anti - Bullying Ambassadors - DE - hut 5 (all)</p>
11	<p>Choir/Show rehearsals - AM - Music hut (all)          Fitness Suite/Table Tennis - LAG/Mmo/CJ - (2<sup>nd</sup> half)          KS4 Independent Learning club - AQ - IT1 (1st half)          How to manage your anger workshop - DA - Well being room (Old Block) - 12.30 - 1pm</p>	<p>Well being Drop Ins - DA - Well being room (Old Block), - 12.30 - 1pm          KS4 Independent Learning club - AQ - IT1 (1st half)          Charity council - CR - Hut 2 - 2<sup>nd</sup> Half          Keyboard &amp; Music Tech club - AM - Music hut (all)          Fitness Suite/Table Tennis - LAG/MKF/Mmo/KH - (2<sup>nd</sup> half)</p>	<p>KS4 Independent Learning (1st half) AQ IT1          Fitness Suite/Table Tennis - LAG/Mmo - (2<sup>nd</sup> half)          Masters of Materials - SD - Art 1-  <b>Max no. 12 students *</b>          Art Therapy group - DA - Well being room (Old Block) - 12.30 - 1pm</p>	<p>KS4 Independent Learning club - AQ - IT1 (1st half)          Gardening Club - SB and JDA          Fitness Suite/Table Tennis - LAG/Mmo - (2<sup>nd</sup> half)          Mindfulness club - JCa - rm 3 - all          Board Games - AM - Music hut (all)</p>	<p>Film Club - JC - Room 3 (all)          Coding club - DJ - IT2 (all)          School Band - AM - Music Hut (all)          Fitness Suite/Table Tennis - LAG/Mmo/MKF/KH - (2<sup>nd</sup> half)</p>

# MHS Afterschool 'DO' (Development Opportunities) Menu Autumn 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Y7 - 11 - Independent Learning club (RAISE) - 3.25 - 4.30pm	Y9 - 11 (GCSE groups) Table Tennis  Y7 - 11 - Independent Learning club (RAISE) - 3.25 - 4.30pm  Y7 - 11 - School production rehearsals - School Hall - 3.30 - 5pm	Y7 - 11 - Independent Learning club (RAISE) - 3.25 - 4.30pm	Y7 - 11 - Independent Learning club (RAISE) - 3.25 - 4.30pm  Y7 - 11 - School production rehearsals - School Hall - 3.30 - 5pm	Y7 -11 Science club - MJ (Lab 3) - 3.25 - 4.30pm  Y7-11 - Eco club - CMG (rm 2) -3.25 - 4.30pm  Y7 - 11 - Independent Learning club (RAISE) - 3.25 - 4.30pm

For instructions on how to sign up for a club use the link...

<https://support.arbor-education.com/hc/en-us/articles/360008179494-Signing-my-child-up-for-a-Club-on-the-Parent-Portal-or-Arbor-App>

## An A-Z of Development Opportunities @ MHS

- **Anti Bullying Ambassadors** - If you want to promote the culture of kindness and help to keep MHS a positive environment for all join Miss English's ambassadors
- **Book Club** - Miss English wants to help you to discover your new favourite book or maybe you can make a great recommendation to others?
- **Board Games Club** - Mr Meakin is looking for like minded board-gamers to give him some competition with all the classics
- **Charity Council** - Mrs Randall needs a willing team to support with the planning and delivery of our charity events throughout the year such as Dougie Mac Coffee Morning, Food Bank donation day and many more.
- **Coding Club**- Mrs Powell and Mrs James are offering an introduction to computing, gaming and programming making use of Scratch, Python and Kodu
- **Craft Club** - KS3 come and work with Mrs Ball to create some amazing crafts ready for Christmas (a voluntary parental contribution is requested for this club to provide you with all the resources you need to make amazing crafts. You can take home all your fabulous creations)
- **Eco Club** - Miss McGeown wants your help to work towards improving the school environment and achieving Eco School Status for Moorside High
- **Eco Jewellery Club** - Mrs Bloor is keen to help you to develop your creative skills and your business and enterprise knowledge. Make your own jewellery to sell and grow your own business.
- **Film Club** - Miss Carter is offering our very own cinema experience in school with some of the latest releases showing
- **Gardening Club** - Join Miss Day and Mrs Buckley in the school garden weekly to help maintain the school garden and grow your own produce.
- **Independent Learning Club** - a place for you to do Independent Learning tasks where you can make use of IT if you need to and get help and support with tasks.
- **Masters of Materials** - this is a chance for budding artists to learn how to work in a range of materials and techniques guided by the expert hand of Miss Dartford
- **Mental Health & Well-being** - Ms Arnold, our school counsellor is offering drop-ins, an anger management course and Art therapy to promote positive mental health for all
- **Mindfulness Club** - Mrs Carter is offering a calm environment with relaxing music, mindful colouring and circle time.
- **Music** - Mr Meakin has lots on offer for those with a passion for music whether it's music tech that you're interested in or using your vocal skills for more than just singing in the shower!
- **Science Club** - Mr Johnson is offering loads of great science opportunities which that we don't get time to cover in lessons
- **Sparx Club** - Miss Mickleburgh is offering specialist help to Y7s with Sparx homework
- **Sports** - The PE team are offering fitness opportunities including individual work-outs in the fitness suite and Table Tennis if you want something more competitive