



PSHE Learning Journey

Year 7



SKILLS DEVELOPED TEAMWORK & LEADERSHIP PUBLIC SPEAKING PROBLEM SOLVING CREATIVITY & INNOVATION DECISION MAKING RESILIENCE & STAYING POSITIVE PLANNING & ORGANISATION SKILLS DEVELOPED

YEAR 8

Getting to Know People
What is a Community?
Careers and Your Future
Sleep and Relaxation
Financial Education
Transition Points in Your Life



GATSBY BENCHMARKS - CAREERS -
FINANCIAL EDUCATION
SMSC & CAREERS

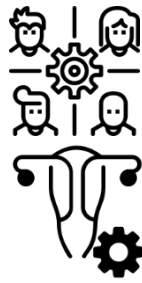
MANAGING CHANGE
CORE THEME 8

YEAR 7

YEAR 7

PUBERTY & BODY DEVELOPMENT
CORE THEME 5

STATUTORY HEALTH
PSHE
WELLBEING



Introduction to Puberty
Girls Puberty & Periods (Double Lesson)
Boys Puberty
Personal Hygiene
Growing Up
Self-Esteem
Tooth Decay & Dental Health

Avoiding Gangs & Criminal Behaviour
Staying Safe Online
Online Gaming, Grooming & Addiction
Alcohol and Risk
Nicotine and Smoking
E-Cigs, Vaping and Shisha
Energy Drinks and Caffeine
Knife Crime and Safety



STATUTORY HEALTH & RSE
DRUGS EDUCATION
CORE THEME 4

STAYING SAFE ONLINE & OFFLINE

YEAR 7

YEAR 7

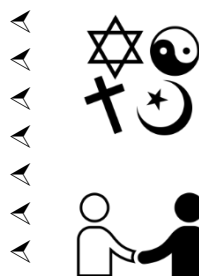
FRIENDS, RESPECT & RELATIONSHIPS
CORE THEME 3

STATUTORY HEALTH & RSE
PSHE



Consent and Boundaries
Respect and Relationships
What Makes a Good Friend?
Friendships & Online Relationships
Being Positive
Pressure, Influence and Friends
What Does it Mean to be a Man Today?

What is your Identity?
Multicultural Britain
Importance of Being Kind
Breaking Down Stereotypes
Learning Disabilities
Prejudice and Discrimination
Challenging Islamophobia



CITIZENSHIP
PSHE
BRITISH VALUES
CORE THEME 2

CELEBRATING DIFFERENCES

YEAR 7

POLITICS & PARLIAMENT
CORE THEME 1

CITIZENSHIP
BRITISH VALUES



Why is Politics Important?
How is our Country Run?
The Role of the Prime Minister
The Monarchy and King Charles III
Politics, Debates and Parliament
Elections and Campaigning
Creating a Political Party

YEAR 7

WELCOME

RSE COMPLIANT

HEALTH COMPLIANT

GATSBY BENCHMARKS

SPIRAL THEMATIC APPROACH

- 1) Rights, Responsibilities & British Values
- 2) Celebrating Diversity & Equality
- 3) Relationships and Sex Education
- 4) Staying Safe Online and Offline
- 5) Health and Wellbeing
- 6) Life Beyond School

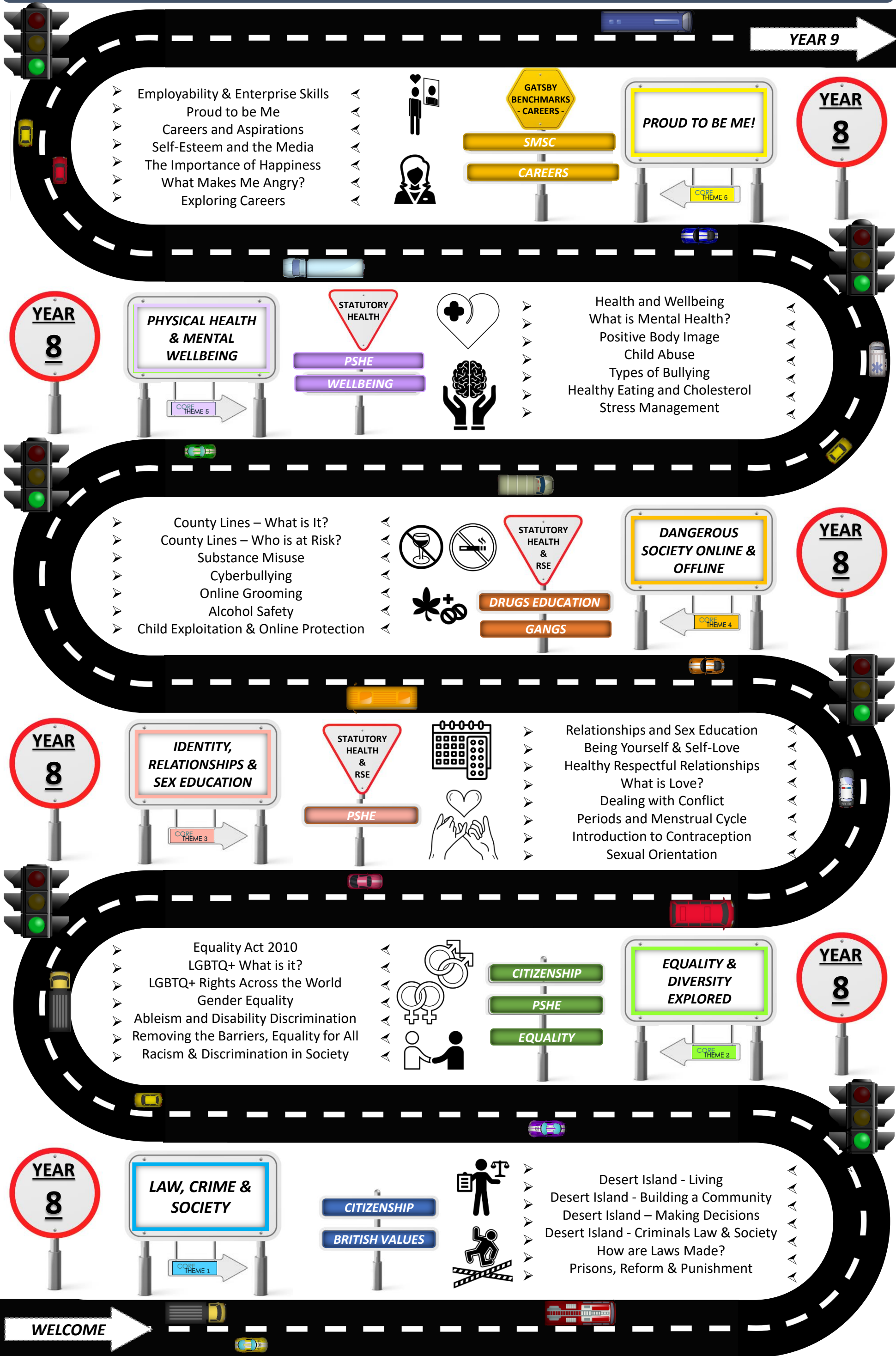
PERSONAL DEVELOPMENT

ASSESSMENT & PROGRESS IN PSHE

- ✓ Themed Projects,
- ✓ Confidence Checkers
- ✓ PSHE App
- ✓ End of Unit Quizzes
- ✓ Graduation Portfolios



SKILLS DEVELOPED: TEAMWORK & LEADERSHIP, PUBLIC SPEAKING, PROBLEM SOLVING, CREATIVITY & INNOVATION, DECISION MAKING, RESILIENCE & STAYING POSITIVE, PLANNING & ORGANISATION, SKILLS DEVELOPED



RSE COMPLIANT

HEALTH COMPLIANT

GATSBY BENCHMARKS

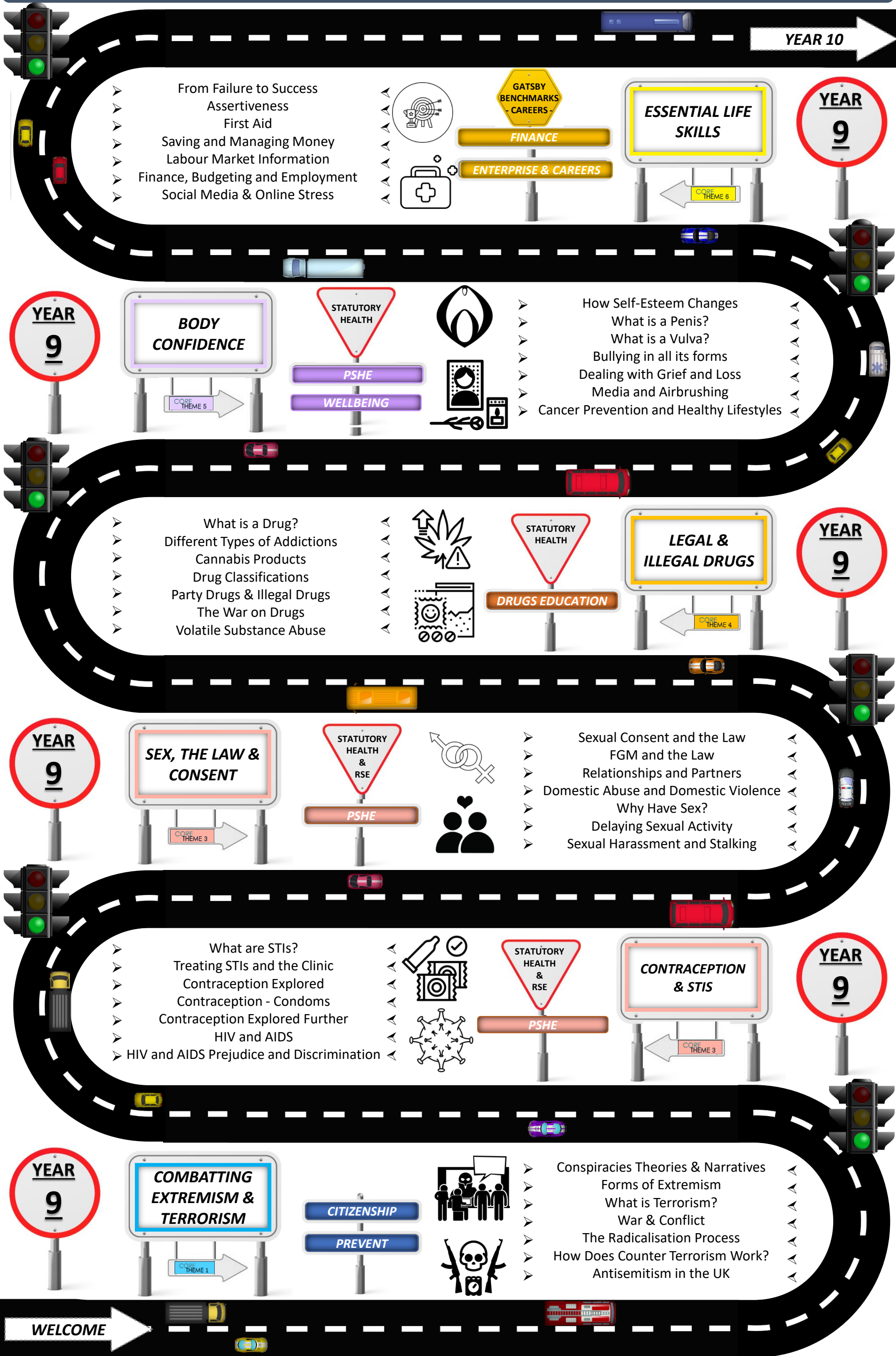
- SPIRAL THEMATIC APPROACH**
- 1) Rights, Responsibilities & British Values
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YEAR 11

Instagram & TikTok Generation
Targeted Advertising and Your Data
What is Marriage?
Rights and Responsibilities
Consumer Rights
Employment Rights
Exploring a Pay Check



Life Beyond School

FINANCIAL EDUCATION

CITIZENSHIP

RIGHTS AND RESPONSIBILITIES

YEAR 10

CORE THEME 6

YEAR 10

MENTAL HEALTH & WELLBEING

CORE THEME 5

STATUTORY HEALTH

PSHE

WELLBEING



Child Sexual Abuse
Screen Time
Mental Health Illnesses
Self-Harm
Suicidal (Thoughts and Feelings)
Promoting Emotional Wellbeing

Honour Based Violence
Forced Marriages and Breast Ironing
Online Gaming & Gambling
Social Media Validation
Modern-Day Slavery
Keeping Your Data Safe
Causes of Knife Crime



STATUTORY HEALTH

RISK

VIOLENCE, CRIMES & SEEKING SAFETY

YEAR 10

CORE THEME 4

YEAR 10

EXPLORING RELATIONSHIPS & SEX EDUCATION

CORE THEME 3

STATUTORY HEALTH & RSE

PSHE



Pleasure and Delaying Sexual Activity
Campaigning Against FGM
Sexting, Nudes and Dick Pics
Online Pornography (Myths vs Reality)
Porn and its Impact on Society
Unhealthy Relationships & Sexual Assault
Sexualisation of the Media

International Organisations
Peace, War & Conflict
Human Rights During War
Aid & Supporting Other Countries
Striking & Trade Unionism
Women's Rights & Equality
Fair Trade & Free Trade



CITIZENSHIP

PSHE

HUMAN RIGHTS

EXPLORING WORLD ISSUES

YEAR 10

CORE THEME 2

YEAR 10

EXPLORING BRITISH VALUES

CORE THEME 1

CITIZENSHIP

BRITISH VALUES



Critical Thinking & Fake News
Hate Crime in the UK
British Values and Identity
Mutual Respect & Tolerance
Individual Liberty
What are Human Rights?
Democracy Explored

WELCOME

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HEALTH COMPLIANT

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Post - 16

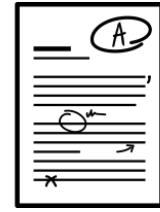
SUMMER EXAM SEASON



LEAVING - YEAR 11 -

REVISION

FINAL EXAMS



YEAR 11

YEAR 11

YOUR FUTURE AND BEYOND

CORE THEME 6

GATSBY BENCHMARKS - CAREERS -

CAREERS

APPLICATIONS



- Screen Addiction and Studying
- Exam Stress and Anxiety
- Work Experience Debrief & LMI
- Post-16 Options (FE/Self Emp/App)
- CV Writing

- Organ and Blood Donation
- Teenage Pregnancy Choices
- Abortion Law, Morals and Ethics)
- Parenthood for Teenagers
- Testicular and Prostate Cancer
- Breast Cancer, Cervical Cancer & Screening
- Love & Abuse



STATUTORY HEALTH & RSE

PSHE

WELLBEING

ADULT HEALTH & LOOKING AFTER YOURSELF

CORE THEME 5

YEAR 11

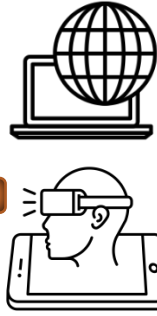
YEAR 11

STAYING SAFE

CORE THEME 4

STATUTORY HEALTH

DRUGS EDUCATION



- Virtual Reality and Live Streaming
- Online Reputation and Digital Footprints
- Group Chats & Anti-Bullying
- Cosmetic & Aesthetic Procedures
- New Psychoactive Substances
- Festivals and Nitrous Oxide
- Substance Addiction

- Peer-on-Peer Abuse
- Fertility and What Impacts it
- Alcohol, Parties & Bad Choices
- Importance of Sexual Health
- Revisiting STIs
- Revisiting Contraception
- Respect, Love and Relationships



STATUTORY HEALTH & RSE

PSHE

SEXUAL HEALTH

CORE THEME 3

YEAR 11

YEAR 11

EXPLORING BRITISH VALUES

CORE THEME 1

CITIZENSHIP

BRITISH VALUES



- Government, Parliament & Voting
- Human Rights & The Law
- British Values & identity
- Public finances

WELCOME

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HEALTH COMPLIANT

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