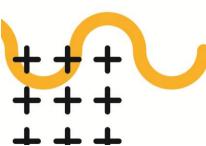


	Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
	Main Dish	Katsu Curry with 50/50 rice	Sausage and Potato Wedges	Roast Chicken with Roast Potatoes and Gravy	Apple and Pork Plait	Chicken Nuggets or Fish Cake with Chips and either Curry or Gravy Sauce
	Vegetarian Main Dish	Vegetable Stir-Fry	Quorn Sausage and Potato Wedges	Creamy Vegetable and Lentil Pie	Roasted Vegetable Plait	Cheese and Bean bake with Chips and either Curry or Gravy Sauce
	Accompaniments	Salad Bar or Green Beans	Salad Bar or Beans and Corn	Salad Bar or Carrots and Peas	Salad Bar or Broccoli and Cauliflower	Beans and Mushy Peas
	Jacket Potatoes	Freshly cooked Jacket Potatoes, Filled with Beans and Cheese or Tuna Mayo	Freshly cooked Jacket Potatoes, Filled with Beans and Cheese or Tuna Mayo	Freshly cooked Jacket Potatoes, Filled with Beans and Cheese or Tuna Mayo	Freshly cooked Jacket Potatoes, Filled with Beans and Cheese or Tuna Mayo	Freshly cooked Jacket Potatoes, Filled with Beans and Cheese or Tuna Mayo
	Dessert	Flapjack or Cookies or Shortbread	Mixed Berry Muffin or Cookies or Shortbread	Raspberry and Syrup Sponge or Cookies or Shortbread	Rice Krispie Cake or Cookies or Shortbread	Chocolate Brownie or Cookies or Shortbread







1 OF YOUR 5 a Day



MEAT-FREE (VEGETARIAN)



CHEF'S CHOICE



PLANT-BASED (VEGAN)

